

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">February 2012</h1> <p style="text-align: center;">AgingWell Adult Day Health Center 420 Maple Street, Marlborough, MA 01752 (508) 485-7700 Info@agingwellcenter.com</p>			Exercise 1 10:30 Pokeno, Board Games 11:30 Horoscopes 12:30 Lunch 1:15 Deal or No Deal, Ladies Group	Exercise 2 10:30 Rosary, Movie 11:15 Groundhog Day Trivia 12:00 Life Skills w/Julie 12:30 Lunch 1:15 Ladies Group <small>Groundhog Day</small>	Exercise 3 10:30 Crafty Corner Baking, Bingo 11:15 Dollar Tree Shop 12:00 Local News 12:30 Lunch 1:15 Price is Right, Ladies Group	Exercise 4 10:30 Super Bowl Party , Wear Your Favorite Team T-Shirt 11:15 Wii Bowling 12:00 Pizza, Chicken wings, Nacho's 2:00 Super bowl Trivia
Celebrating Chinese New Year 5	Exercise 6 10:30 Crafty Corner, Did You know? 11:15 Wii Dance 12:00 Healthy Living 12:30 Lunch 1:15 Ladies Group, Fast Facts	Exercise 7 10:30 Crafty Corner, Ball Toss, Computer 11:30 Trip: Surprise Lunch Outing 1:15 Game of the Day Ladies Group	Exercise 8 10:30 Uno, Board Games, Beading 11:30 Horoscopes 12:30 Lunch 1:15 Ice Cream Social Ladies Group	Exercise 9 10:30 Canvas Painting, Rosary Mark's Group Outing 11:15 Karaoke, Coloring 12:00 Life Skills w/Julie 12:30 Lunch 1:15 Deal or No Deal	Exercise 10 10:30 Bingo with Cindy Baking, Coloring 11:15 Trip: Honey Dew 12:00 Local News 12:30 Lunch 1:15 Ladies Group, Wii Bowling	Exercise 11 10:30 Beading, Daily News, Movie 11:15 Karaoke 12:00 Olive Garden 2:00 Game of the day 3:00 Depart for home
Closed 12 	Exercise 13 Hairdresser: Bring \$3 10:30 Baking, Crafty Corner, Trivia 12:00 Healthy Living 12:30 Lunch 1:15 Ladies Group	Exercise 14 10:30 Valentine Party Every One Wear Red Day 11:00 Century Music 12:30 Lunch/Pizza 1:15 Valentine Exchange <small>Valentine's Day</small>	Exercise 15 10:30 Wii Bowling, Movie, Puzzles 11:30 Zumba w/Wilma 12:00 Relaxation w/ music 12:30 Lunch 1:15 Horoscope, Ladies Group	Exercise 16 10:30 Crafty Corner, Rosary Mark's Group Outing 11:15 Painting, Coloring 12:00 Life Skills w/Julie 12:30 Lunch 1:15 Puzzle Corner	Exercise 17 10:30 Bingo with Cindy 11:00 Trip: Movies \$3 11:15 Nail Care, Memory Game 12:00 Local News 12:30 Lunch 1:15 Ladies Group, Wii	Exercise 18 10:30 Trivia, Nail care Daily News 11:15 Name 52 states 12:00 Applebee's 2:00 Game of the day 3:00 Depart for home
Closed 19 	Exercise 20 10:30 Crafty Corner, Trip: Christmas Tree 11:15 Wheel of Fortune 12:00 Healthy Living 12:30 Lunch 1:15 Mad Gab, Trivia <small>Presidents' Day (US)</small>	Exercise 21 10:30 Mardi Gras Party 11:15 Sing-A-Long 12:30 Lunch 1:15 Mardi Gras trivia, Ladies group <small>Mardi Gras</small>	Exercise 22 10:30 Birthday Board, Movie, Puzzles 11:15 Talent Show 12:00 Relaxation w/ music 12:30 Lunch 1:15 Horoscope, Ladies Group	Exercise 23 10:30 Crafty Corner, Rosary Mark's Group Outing 11:15 Beading, Coloring 12:00 Life Skills w/Julie 12:30 Lunch 1:15 Price is Right	Exercise 24 10:30 Bingo with Cindy, Baking, Beading Trip: Dunkin Donuts 11:15 Karaoke 12:00 Local News 12:30 Lunch 1:15 Yard Sale!!!!	Exercise 25 10:30 Board games, Daily News 11:15 Name 50 states 12:00 Chinese 2:00 Birthday Celebration 3:00 Depart for home
Closed 26 *Calendar is subject to change	Exercise 27 10:30 Crafty Corner, Did You know? 11:15 Wii Dance 12:00 Healthy Living 12:30 Lunch 1:15 Ladies Group, Fast Facts	Exercise 28 10:30 Crafty Corner Trip: Trombetta's \$3 11:15 Trivia, Spelling Bee 12:00 Relaxation with music 12:30 Lunch 1:15 Ladies Group	Exercise 29 10:30 Wii Bowling, Movie, Puzzles 11:30 Zumba w/Wilma 12:00 Relaxation w/ music 12:30 Lunch 1:15 Horoscope, Ladies Group	<p>"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." -Martin Luther King, Jr.</p> <p>"I have learned over the years that when one's mind is made up, this diminishes fear." -Rosa Parks</p>		

