AgingWell Adult Day Health Center
Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cream of Celery Soup Pot Roast with Potato Butternut Squash Blueberry Pie	Pasta Fagoli Chicken Pot Pie with green beans Cookies	Chicken Corn Chowder Grilled Chicken Caesar or Hot Dogs French Fries with butternut squash Apple Crisp	Tomato Basil Soup Pizza or Chicken Salad Roll Italian Roast Potatoes and green beans Spumoni	Clam Chowder Seafood Cakes with Seasoned Fries and baby carrots Bread Pudding
Minestrone Pizza or Chicken Salad Roll Fries and Garden Vegetables Strawberry Shortcake	Beef & Barley Chicken Fingers with mashed potatoes and broccoli French Silk Pie	Cream of Mushroom Soup Turkey Dinner with mashed potatoes and green beans Tapioca pudding	Chicken Tortellini Tuna Roll or Manicotti Rice with broccoli Coconut Cream Pie	Clam Chowder Fish and Chips, or Mac & Cheese Italian Roast Potatoes Zucchini Cannoli